Flag City Open 2026

Sat			
09:40 am		**Ice Make**	
10:00 am	1	**Basic 5 Elements**	Z
	2	**+ Basic 6 Elements**	L
10:15 am	3	**Basic 3 Elements**	Z
	4	**+ Basic 4 Elements**	L
10:24 am	5	**Basic 2 Elements**	Z
	6	**+ Level 1 Jumps**	L
10:33 am	7	**Level 2 Jumps**	Z
	8	**+ Level 3 Jumps**	L
10:43 am	10	**Level 3 CM**	L
	9	**+ Level 4 CM**	Z
10:57 am	11	**Level 2 CM**	Z
	12	**+ Level 1 CM**	L
11:08 am	13	**Level 3 Spins**	L

Sat		
11:17 am		**DeConification Break**
11:22 am	14	**Aspire 4 Synchro**
11:29 am	15	**Aspire 2 Synchro**
11:39 am		**Ice Make**
12:24 pm	16	**Excel PrePreliminary FS**
12:45 pm	17	**Excel Preliminary Plus FS**
01:03 pm	18	**Aspire 4 Prog Grp A**
01:18 pm	19	**Aspire 4 Prog Grp B**
01:35 pm	20	**Aspire 3 Prog Grp A**
01:50 pm	21	**Aspire 3 Prog Grp B**
02:04 pm	22	**Aspire 2 Prog**
02:24 pm		**Ice Make**
02:44 pm	23	**Aspire 1 Prog Grp A**
03:01 pm	24	**Aspire 1 Prog Grp B**
03:20 pm	25	**Basic 6 Program Grp A**
03:34 pm	26	**Basic 6 Program Grp B**
03:49 pm	27	**Basic 5 Program**
	28	**+ Basic 4 Program**
04:06 pm	29	**Basic 3 Program**
	30	**+ Basic 2 Program**
04:19 pm	31	**Aspire 1 Synchro**
04:27 pm	32	**Aspire 3 Synchro**